*Research has found that surgical patients with views of nature have shorter post-operative stays, take less medication and experience fewer complications.*

The Healing Garden provides a unique environment of beauty, silence, and serenity—the kind that nurtures the body, mind, and spirit and promotes healing. It is a place to experience the outdoors as the seasons and world change around us. The garden is a place to think, pray, grieve, hope, give thanks and remember.

Located on the hospital’s campus, the Healing Garden is approximately 7500 sq. ft. and is easily viewed and accessed from the main building as well as the parking lot. It is home to trees, perennial and annual plants and flowers, sitting areas, a fountain and other naturally inspiring scenery. It serves as a quiet oasis, a respite and a place of solitude for patients, their families and staff. Quite simply, the Healing Garden is where (people) can find reduced stress, increased energy and restored hope.

All gardens, like life and recovery, are a work in progress. Every year the UW-Extension Master Gardener Volunteers led by Betty Breen and CMH Grounds staff strive to maintain and enhance the Garden’s beauty through replacement planting and the addition of new perennial and annual flowers or shrubs…

Currently there are about 10 SEWG Volunteers who feel it is a privilege to enhance and maintain this special place. To volunteer at this garden, contact MGV Betty Breen at bpolcvn@att.net.

---

**Memorial Kris Jensen**

by MGVs Cheryl Rasmann & Kit Hansen

Past President Kris Jensen was chair of the Lowell Damon House Historic Gardens and instrumental in the gardens becoming an approved garden project. The Lowell Damon House was built in the 1840s and is believed to be Wauwatosa’s oldest residence. It was Kris’ vision that the gardens be restored to what they might have been like in the 1880s. In honor of Kris’ vision, those of us who worked with Kris at Lowell Damon House are planning to plant a Serviceberry tree in the Lowell Damon House Historic Garden with a memorial stone in Kris’ memory.